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HOW TO TAKE OFF DISPOSABLE GLOVES

It's important to use disposable gloves the right way to **protect yourself** against chemical* or biological* risks.



To be **better protected**, learn how to take your gloves off in the **correct way**.

DON' T FORGET

- Put your gloves on with clean & dry hands
- Inspect the gloves before using them
- Avoid jewellery & long nails
- Do not dip your hands in chemical liquids with disposable gloves (use the most suitable chemical reusable glove with a long cuff)
- Take off your gloves if they are damaged
- Throw them away and wash your hands

* Depending on the glove you use, please see the technical data sheet to know the proper use & the standards



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COURSE OF ACTION



1. Pinch the glove at the wrist. Avoid touching the skin.



2. Take the glove off



3. Keep it in the palm of your gloved hand or throw it away.



4. Slip your fingers inside the 2nd glove. Avoid touching the outside of the glove.



5. Take the 2nd glove off



6. Once the gloves are off, throw them away. Wash your hands.